

Haemodialysis

Points of attention

This leaflet provides important points of interest regarding your haemodialysis. This includes what to be aware of and what to do if something happens.

Please contact your GP for complaints not related to dialysis. If you see your GP, please inform the dialysis centre to enable us to monitor your health as closely as possible. If you have any of the symptoms below, you must inform the dialysis centre.

AV fistula (shunt)	
What must I be aware of?	What can I do about it?
Infection (red, warm, sore, swollen around the AV fistula or insertion site)	Take your temperature Call immediately (see section 'Contact')
The AV fistula feels different from usual (cannot feel it or throbbing instead of the vibrating feeling)	Call immediately (see section 'Contact')
Bleeding at the insertion site	Apply firm pressure to the AV fistula with gauze for 30 minutes without stopping. (CAUTION: do not press too hard!) If the insertion site is not closed after 30 minutes, call immediately (see section 'Contact')
AV fistula bleeding , difficult or not able to stop it	Apply pressure Call 112
AV fistula bleeding under the skin (pressure, pain, swelling around the AV fistula)	Apply firm pressure to the AV fistula with gauze for 30 minutes without stopping. (CAUTION: do not press too hard!) If it is not closed after 30 minutes, call immediately (see section 'Contact')

Catheter	
What must I be aware of?	What can I do about it?
- Catheter out of the blood vessel	- Apply firm pressure to the puncture hole with gauze or a clean cloth for 15 minutes. - Call immediately (see section 'Contact')

The information in this leaflet is of a general nature and is meant to give you an idea of the care and information you can expect. Other advice or procedures may apply depending on your situation. This leaflet only serves as an addition to the specific information from your specialist or practitioner.

- Fever - Bleeding along or through the catheter - The dressing gets wet - The plaster comes loose - You have pain at the insertion site - The area around the catheter insertion site becomes inflamed (pus, warm, red, pain) - The caps come off the catheter - The catheter's stitches break	Call immediately (see section 'Contact')
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Fluid overload

What must I be aware of?	What can I do about it?
- Shortness of breath even when sitting down - Unable to lie flat - Difficulty breathing - Chest tightness or pain - Very tired - Higher blood pressure than normal (> 160 mmHg and measured more than 3 times)	Call immediately (see section 'Contact')

Fluid deficit

- Dizziness - Cramps not caused by an uncomfortable posture - Nausea and vomiting - Lower blood pressure than normal	1. One cup of broth. 2. If dizzy, stand up carefully. 3. If you have cramps, place something warm on the site of the cramps (watch out for burning) 4. Report complaints at the next dialysis session
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Fever

- Temperature above 38 °C	Call immediately (see section 'Contact')
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Contact

Monday to Saturday from 07:00 to 19:00: Máxima Dialysis Centre: +31 40 888 9200.

In the evening, at night and on Sundays: +31 40 888 80 00.

The night door attendant will connect you with the internal medicine house officer.