

Invitation:

Paediatric physiotherapy for premature babies in the Neonatology Department

Children born prematurely may experience delayed or problematic motor skill development. A pediatric physiotherapist is involved in the treatment of your child in the NICU/Infant Department in an attempt to prevent any development problems or detect them at the earliest possible stage and respond to them as best we can.

Depending on the term in which your child was born, they will be seen by a paediatric physiotherapist at least once. The paediatric physiotherapist in the NICU focuses on the observation, examination and treatment of children born before 34 weeks of pregnancy. Parents will also be given instructions once every two weeks to help them positively stimulate their child's development.

Finally, if deemed necessary, a child will be referred to a paediatric physiotherapist for further care after admission.

After referral by a doctor, the paediatric physiotherapist will contact the nurse responsible for your child at that time. An appointment will be made in consultation with you to observe, test and possibly treat your child.

An information and instruction evening for parents is organised once every two weeks on a Tuesday afternoon from 16:30–17:30 in a meeting room at the NICU.

Here, you will receive:

- Information regarding the motor development in babies in general and pre-term infants in particular;
- Information and instructions regarding picking up, laying down, carrying, positioning and caring for your child;
- Information and instructions about stimulating your child's motor development.

Talk to the secretary in the infant ward to register for the information and instruction evening. The dates are noted on the registration form, so you can choose when it suits you.

The information in this leaflet is of a general nature and is meant to give you an idea of the care and information that you can expect. Other advice or procedures may apply depending on your situation. This brochure is only an addition to the specific information from your specialist or practitioner.

For further information, please contact one of the (ToP) paediatric physiotherapists of the physiotherapy department, Máxima MC, via the secretariat, telephone number: (040) 888 90 40.

Kind regards,

The paediatric physiotherapists

Máxima MC

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