

Painmedication for pain in the abdominal wall or groin

You are being treated by SolviMáx for your chronic abdominal wall (ACNES) or groin pain syndrome. This may be in relation to a planned or proposed operation for these issues. SolviMáx is a division of the Surgery department at Máxima Medical Center.

Every year, we see more than 1000 patients from all over the Netherlands. These patients all have one thing in common: they are experiencing pain, although it may present itself in different ways. Many of these patients are already using a range of pain medication to treat their pain. Some may use no painkillers at all, while others use them in high doses. Because of this variety of usage patterns, we are writing to let you know how we deal with pain medication.

Generally speaking, we advise patients visiting our outpatient clinic regarding their pain medication, and we then ask their GP to prescribe it and provide further support. You will appreciate that it is not possible for us to arrange and monitor this remotely from Máxima Medical Center.

For patients who are due to have surgery, we only provide medication advice for the first few days after that operation. This is usually provided by the nursing staff and generally concerns medication that can help reduce surgical and wound pain. We would expressly like to state that we do not get involved with any other pain medication.

Our advice is to take care of this with your own GP or with the person who prescribed you the medication. Coming off your pain medication once it becomes apparent that the surgery has had the desired effect is another aspect.

As you may be aware, opioids are increasingly being prescribed for chronic pain in the Netherlands. Detoxing and coming off these types of drugs is often a difficult process. Specific nerve painkillers such as Amitriptyline, Gabapentin and Pregabalin (Lyrica) also need to be reduced and stopped in consultation with a physician. This is a complex process that is difficult to manage from the Surgery department. As such, we must stress that you should do so in consultation with your own physicians in your own region.

The information in this brochure is general in nature and is intended to give you an idea of the care and guidance you can expect. In your own situation, other advice or procedures may apply. This brochure is therefore only an addition to the specific (verbal) information from your specialist or practitioner.

Contact

If you have any questions after reading this information please call SolviMáx, Expertise Centre for abdominal wall and groin pain: (040) 888 85 51. During business hours (Monday / Friday from 8:30 am to 4:30 pm).

SolviMáx, Centre of Expertise for abdominal wall and groin pain

www.solvimax.nl

www.acnes.nl

www.buikpijn.nl