

Sleep Endoscopy under light anaesthesia

Admission day

The admission department will notify you at a later time of the date and time of the sleep endoscopy.

You are expected at: Location Eindhoven

Outpatient treatment rooms, route number 171. Please note: There is no need to sign in.

Preparation

You should come to the hospital on an empty stomach. Via admission, you will receive the fasting policy.

You should not participate in traffic for up to 24 hours after anaesthesia. You are therefore not allowed to drive home by yourself and should be accompanied. The procedure is of such short duration that it is desirable to have your companion wait in the waiting room.

Intervention

The time you spend in hospital is about 60 minutes. You will be put to sleep with a sedative and the ENT doctor will then look at what internal level the snoring is at.

After the procedure, you will be informed of a follow-up appointment at home, unless you have already made an appointment yourself.

The information in this leaflet is of a general nature and is meant to give you an idea of the care and information that you can expect. Other advice or procedures may apply depending on your situation. This leaflet supplements the specific information provided by your specialist or practitioner.